



# EAGEN Postgraduate Course

## In collaboration with the Armenian Society of Gastroenterology & EHMSG

**Yerevan, Armenia, October 31, 2020**

*\*Live & virtual program\**

### **“Gastrointestinal diseases - therapeutic role of nutrition and gut microbiota modulation”**

*Course Directors: Peter Malfertheiner, Manik Gemilyan*

|                           |   |                  |
|---------------------------|---|------------------|
| 08.45h – 08.55h           | <b>Introduction lecture:</b><br>Epidemiology of diseases related to malnutrition                          | T. Milosavljevic |
| <del>08.55h -09.55h</del> | <del><b>Session Gastro-esophageal reflux disease:</b><br/>Moderators: M. Gemilyan, P. Malfertheiner</del> |                  |
| 08.55h – 09.05h           | <b>LECTURE:</b> Obesity, metabolic syndrome and basic mechanisms in pathogenesis of GERD                  | J. Tack          |
| 09.05h – 09.15h           | <b>LECTURE:</b> Therapy of GERD: Lifestyle, nutrition and drugs   | D. Dumitrascu    |
| 09.15h – 09.25h           | <b>CASE:</b> Management of eosinophilic esophagitis: step up from diet to topical corticosteroids         | J. Kupcinskis    |
| 09.25h – 09.35h           | <b>PRO/CON:</b> Risks of long-term of PPI therapy concerning dietary factors and micronutrition           | P. Malfertheiner |
| 09.35h – 09.45h           | <b>QUIZ</b> = 10 summarizing questions from this session audience voting!                                 | Moderators       |
| 09.45h – 09.55h           | Q & A Session   | Moderators       |

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|------------------------|---|---------------|
| <b>09.55h – 10.00h</b> | <b>Refreshment Break</b>  |               |
| <b>10.00h -11.00h</b>  | <b>Session Stomach:</b><br>Moderators: G. Hakobyan, J. Tack                       |               |
| 10.00h – 10.10h        | <b>CASE:</b> Patient with dyspeptic symptoms with the roadmap to diagnosis        | M Gemilyan    |
| 10.10h – 10.20h        | <b>CASE:</b> H. pylori eradication: when is a probiotic therapy required?         | F. Megraud    |
| 10.20h – 10.30h        | <b>LECTURE:</b> Role of the stomach in the regulation of food intake              | J. Tack       |
| 10.30h – 10.40h        | <b>LECTURE: Dietary and herbal therapy</b> in management of functional dyspepsia  | N. Pashinyan  |
| 10.40h – 10.50h        | <b>QUIZ</b> = 10 summarizing questions from the stomach session. audience voting! | Moderators    |
| 10.50h – 11.00h        | Q & A Session   | Moderators    |
| <b>11.00h – 11.30</b>  | <b>Refreshment Break</b>  |               |
| <b>11.30h - 12.20h</b> | <b>Session Pancreas:</b><br>Moderators: E. Grigoryan, J. Kupcinkas                |               |
| 11.30h – 11.40h        | <b>LECTURE:</b> Nutritional support in acute pancreatitis                         | J. Kupcinkas  |
| 11.40h – 11.50h        | <b>LECTURE:</b> Key aspects of treatment of pancreatitis                          | L. Hershenyi  |
| 11.50h – 12.00h        | <b>CASE:</b> Patient with malabsorption   | A. Gabrielyan |
| 12.00h – 12.10h        | <b>CASE:</b> Patient with refractory malabsorption                                | A. Hazoyan    |
| 12.10h – 12.20h        | Q & A session   | Moderators    |
| <b>12.20h - 12.35h</b> | <b>Refreshment Break</b>  |               |

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| <b>12.35h - 13.20h</b> | <b>Session Modulation of the Gut Microbiome</b><br>Moderators: A. Gasbarrini, N. Pashinyan |               |
| 12.35h – 12.45h        | <b>LECTURE:</b> Nutritional advises to maintain eubiosis and restore dysbiosis             | A, Gasbarrini |
| 12.45h – 12.55h        | <b>LECTURE:</b> Probiotic modulation of gut microbiota in health and disease               | A. Kocharyan  |
| 12.55h – 13.05h        | <b>INTERACTIVE session</b> on “Fecal microbiota transfer”                                  |               |
| 12.55h – 13.00h        | FMT in patient with relapsing C.diff.infection   | T. Rokkas     |
| 13.00h – 13.05h        | FMT in patient with ulcerative colitis   | A. Gasbarrini |
| 13.05h – 13.10h        | Impact of bariatric surgery and interaction with gut microbiota in metabolic syndrome      | L. Lundell    |
| 13.10h – 13.20h        | Q & A Session  | Moderators    |

**13.20h - 13.45h Refreshment Break**

|                        |   |                  |
|------------------------|---|------------------|
| <b>13.45h - 14.55h</b> | <b>Session Liver :</b><br>Moderators : H. Ghazinyan, T. Matysiak                                  |                  |
| 13.45h – 13.55h        | <b>LECTURE:</b> Epidemics of hepatic diseases from a global perspective and with focus on Armenia | H. Ghazinyan     |
| 13.55h – 14.05h        | <b>CASE:</b> Non Alcoholic Fatty Liver Disease (NASH): lifestyle, diet, drugs                     | T. Milosavljevic |
| 14.05h – 14.15h        | <b>LECTURE:</b> Management of liver cirrhosis and complications                                   | D. Stimac        |
| 14.15h – 14.25h        | <b>LECTURE:</b> Modulation of Gastrointestinal Microbiota in hepatic encephalopathy               | P. Malfertheiner |
| 14.25h – 14.35h        | <b>CASE:</b> Hepatocellular cancer- a model case for interdisciplinarity                          | T. Matysiak      |
| 14.35h - 14.45h        | <b>QUIZ=</b> 10 summarizing questions, audience voting!   | Moderators       |
| 14.45h – 14.55h        | Q & A Session   | Modertors        |

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|------------------------|--|--------------------------------|
| <b>14.55h - 15.10h</b> | <b>Refreshment Break</b>   |                                |
| <b>15.10h - 16.10h</b> | <b>Session Lower GI:</b><br>Moderators: N. Pashinyan, T. Matysiak  |                                |
| 15.10h – 15.20h        | <b>LECTURE</b> :The case for and against low FODMAP  | D. Stimac                      |
| 15.20h – 15.30h        | <b>CASE:</b> Patient with gluten intolerance or celiac disease ?   | G. Khachatryan                 |
| 15.30h – 15.40h        | <b>LECTURE:</b> Nutritional and other advises for colorectal cancer prevention   | T. Matysiak                    |
| 15.40h – 15.50h        | <b>LECTURE:</b> Severe constipation:<br>From diet to targeted medical therapy  | D. Dumitrascu                  |
| 15.50h – 16.00h        | <b>PRO/CON:</b> IBD – 5 Min Pro/Con<br>Is there a place for dietary therapy ?<br>conventional immunosuppression or biologicals ?<br>Microbial or antimicrobial therapy to maintain remission ? | PRO: Margaryan,<br>CON: Rokkas |
| 16.00h – 16.10h        | Q & A Session  | Moderators                     |
| <b>16.10h – 16.45h</b> | <b>Final Session:</b><br>Moderator: T. Hakobyan, L. Lundell  |                                |
| 16.10h – 16.20h        | The golden rules on how to best prepare and present lectures   | L. Hershenyi                   |
| 16.20h – 16.30h        | WGO guidelines on 'diet & the gut'   | T. Matysiak                    |
| 16.30h – 16.40h        | Q & A Session  |                                |
| 16.40h – 16.45h        | Take Home Messages   | M. Gemilyan                    |

## CONCLUSION OF PGC

**To register for the event, please contact the EAGEN office at  
office@d-s-europe.com**